(A day in the life of a Year 3 pupil - continued from page 6)



#### What's for Lunch...and Let's go Dancing

12:30pm lunch time, hooray! The best thing about our lunch is that we have so much choice and we have so much help from our lunchtime supervisors and catering team. There are even theme days. I am so excited because it is Street Dance today and we are getting ready to perform at the Gym and Dance Display.



#### **Discovering iPads**

The bell rings at 1:25pm and I potter back to the Discovery Zone for Computing. Today, it will be iPads...can't wait until I get my own school one-to-one device from Year 4, the green screen, coding or something new? We record our presentations or our gym performances and watch them back so we learn how to make them even better.



## Magical Music

Today our last lesson is Music in our Music Studio. We discover our musical talents, learn how to play the recorder and keyboard.



#### And so our day ends

I check my homework diary, pack my bag and shake my teacher's hand and scamper off to my Swimming lesson in our school pool. As I float in the pool, watching the sun sparkle on the water, I giggle with my friends and think how happy I am. Tomorrow will be another day full of adventure.



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# Bold spirit, bold minds



I feel that for your daughter to grow into a young woman, able to cope with the demands life makes of her both professionally and personally, she needs a school experience that will develop her academic skills and interpersonal skills, developing her self-awareness. I am proud of the fact that our Sutton High School girls do better because they feel better. It is central to all that we do.

Year 3 is a pivotal time in your daughter's education and the right schooling now will ensure she builds on her foundations and most importantly, makes progress. I am delighted that you are visiting us today and are interested in your daughter becoming a Sutton High School girl. I hope that after your tour you will make an appointment for me to meet your daughter, to get to know her as an individual.

After her entrance assessment, I will provide you with individual feedback, so you know your daughter's strengths and future goals. If your daughter has reached the required standard, she will also receive an offer letter into Senior School. I feel our girls are on a school journey with us, stepping seamlessly from Nursery into Prep into Senior School.

Anne Musgrove Head of Prep School

# A place to flourish

## Fearless

With our school motto since 1884: with courage, with truth, with joy. Your daughter will develop the skills to flourish and fly.

She will learn about character attributes such as resilience, kindness, curiosity. She will learn to 'grow her grit' and to persevere to achieve a goal. This is built on a growth mindset culture, a Sutton High School girl knows she has the potential to learn, to stretch her fantastic elastic brain. She can't do it....yet!

## **Brains Matter**

For our Year 3 to Year 6 girls Personal Development has a focus at the start of every day in Brains Matter. The aim of this is for each girl to identify how she is feeling, using the emotional barometer, and to learn the strategies required to cope with big feelings as well as small feelings. With the support of her Form teacher, along with the guidance of our Director of Pastoral Care, she will do better because she feels better. She will learn the strategies to become fearless, to have the courage to try new things and to have no boundaries to her future opportunities.

## One girl, supported by many

## Family of Sutton High School

Girls who join us in Year 3 instantly become part of our Sutton High School family and our GDST family. We know that this sense of belonging and community will develop her resilience and provide her with support when she inevitably meets challenges in life. We know that girls who have this network will make more progress academically, they will also reach out of their comfort zone and embrace a new challenge.

**Form** – your daughter will settle with ease into her new form due to having a Year 3 Buddy, The Kindness Bench and our process of meeting with you within the first few weeks. Our Director of Pastoral Care and Key Stage Coordinators are there as an extra pair of guiding hands. Our aim is for your daughter to feel confident and happy in her new environment.

**School Houses** – as soon as your daughter joins she will be placed in a school House, these run through the whole school. It means she will be a role model for the younger girls and aspire to flourish and fly like our sixth formers. Her PE shirt will shine with her House colours, she will feel a sense of belonging to a family. She will contribute to her House community, raise money for charities and ensure her voice is heard. She will change the future, starting with School Council.

**GDST Family** – we are part of a bigger family, the GDST. Our girls make friends for life and a network that extends beyond Sutton. She will have the opportunity to attend conferences, such as the GDST Mathematics Conference at Oxford University or Science at the Royal Institution or a workshop at the Globe Theatre.

## Unlimited attention, Unlimited opportunity

## Forward Thinking

Our Year 3 girls are always receiving the most up to date education. From a bespoke Sutton High connected curriculum, to agile furniture in their Year 3 classrooms, to creating new learning environments, to iPads, to enrichment lessons such as Philosophy 4 Children, Art Appreciation and Debating.

## Girls First

We want our girls to think that any career is possible in the future. This means they have the opportunity to access a wealth of learning opportunities. Our Year 3 curriculum begins to form a more specialist route with specialist teachers for Music, PE and Modern Foreign Languages. From Year 5, they will use Senior School specialist rooms and Senior School teachers for Computing, Design and Technology (including Food Technology) and Science. They become scientists and learn in our STEAM room space, along with the Senior School labs.





# A day in the life of

Hello, my name is Maya, I am in Year 3. I have been at Sutton High Prep School since Nursery. I know all about the school, especially as I have got a big sister in Year 5.



#### Breakfast Fun

This morning, I am having my breakfast at school in our Tops and Tails room (our wraparound care) from 7:30am. At 8:15am I skip up to the playground, past the flower beds and our big green field. On my way I can see the Year 5 girls, including my sister, on the netball courts, shooting a goal at their early morning netball practice.



## Ding-Ding

The bell rings at 8:25am, I line up in the playground and gaze at our sparkling bird mosaics on the wall. I can remember working with every girl in the school and an artist to create it, magical.



## Assembly Adventures

I so enjoy our assemblies, they are different each day. Sometimes I learn about our Prep Learning Powers such as resilience or empathy. On other days, I find out about raising money for our House charities and on a Friday it is class assembly time. This is so special as it is when our parents hear our learning journey presentations.



## Brain Time

At 9am we have orchestra, learning an instrument is so easy, you just pop down to the Music Dene. The orchestra girls perform at our two big concerts a year, what an achievement. On other days we have 'brain time' and develop our memory skills or learn all about puzzles in non-verbal reasoning.





#### Becoming an Author

Time flies and it is already 9:30am and we have become readers and authors in our English lesson. I discuss vocabulary, answer comprehension texts and write my own creative thoughts. We are already debating which World Book Day characters we will transform ourselves in to...and who will be the surprise guest author.



### Kindness Bench and Chat

Soon it is 10:10am and we hop down the stairs to break. My friend and I act out our English prose on the stage and scurry around to see if we need to scoop anyone off the kindness bench to play with us. We haul ourselves up to the top of the climbing frame and look out across the school vista.



## Mathematical Challenges

10:30am and with our politeness on display as manners matter, we return to class to become mathematicians. This stretches my amazing elastic brain and I don't worry about mistakes, I try a challenge question as I know I just can't do it...yet! I will follow the strategies to help me learn, we have such kind teachers.

### We are **Scientists**

11:10am today we are scientists, so much fun. I'm looking forward to Science week when the Royal Institute comes in to inspire our scientific minds. My parents can even go to a presentation just for Prep School parents at the Learning Review before half term. I can't wait until I'm in Year 5 and I go to the Senior School Science laboratory for my lessons.

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