

# Menu — Week 3

## Monday

Soup of the Day Soup

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Falafel Hummus Wrap

Butternut & Sweet Potato Tagine

Potato Wedges

Roasted Pepper & Courgettes

Tomato Pasta

Jacket Potatoes

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Seasonal Salads of the Day

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Home Made  
Lemon Drizzle Loaf Cake

## Tuesday

Soup of the Day Soup

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Baked Gammon & Pineapple

Moroccan Beef Stew Halal

Parmentier Potatoes

Vegie Mince & Vegetable Pie

Yorkshire Pudding Filled with  
Sausages & Red Onion Gravy

Tomato Pasta

Jacket Potatoes

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Seasonal Salads of the Day

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Chocolate & coconut jam sponge  
Served with Custard

## Wednesday

Soup of the Day Soup

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Aubergine & Potato Tumbet

Vegetable Spanish Rice

Mini Spanish Omelettes

Spanish Chicken Paella Halal

Roast Spanish Chicken & Chorizo

Jacket Potatoes

Tomato Pasta

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Seasonal Salads of the Day

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Cherry & Apple Crumble  
Served with Custard

## Thursday

Soup of the Day Soup

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Deep South Cajun Rice

Roasted Chicken Meatballs  
(Halal)

Vegan Meatballs in Tomato Sauce

Traditional Beef Lasagne

BBQ Beef Meatballs

Penne Pasta

Jacket Potatoes

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Seasonal Salads of the Day

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Orange & Mango Smoothie  
Dessert

## Friday

Soup of the Day Soup

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Zesty Lime Coriander & Chilli  
Battered Fish in a Soft Taco

Black Bean & Vegetable  
Jambalaya

Fish Fingers & Chips

Jacket Potatoes

Tomato Pasta

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Seasonal Salads of the Day

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Creamy Baked Orange & Vanilla  
Rice Pudding

**Salad Items:** Tomatoes, Plain cucumber, Plain beetroot, Herb leaf salad  
sweetcorn, vinaigrette, fresh croutons, sunflower seeds & olive oil with lemon juice and black pepper

**Dessert Option 2:** Yoghurt, Jelly and Fresh Fruit will be served Every day

*All our meals are freshly made*